

Townsville Road Runners 2022-06-04		46 Members & 7 Non Members			
TRR 2022-06-04 North Ward Hills 7.3k & 4.8k					
Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)
Long Course - 7.3K					
1	ZEVENBERGEN, MARCEL	33.16	Mem	M	4.33
2	FITZSIMMONS, MICHAEL	35.20	Mem	M	4.50
3	ARCEBUCHÉ, RAYMARK	36.44	Mem	M	5.02
4	JAMES, MARIA	36.45	Mem	F	5.02
5	GRAHAM, ALAN	37.38	Mem	M	5.09
6	DOHERTY, BILL	39.33	Mem	M	5.25
7	BOUSCHEN, MATTHEW	40.30		M	5.33
8	MCCARTHY, TIMOTHY	40.43	Mem	M	5.35
9	ALLEN, CRAIG	40.45	Mem	M	5.35
10	WOUTERS, ILANA	41.40		F	5.42
11	HIETTE, TERRY	41.46		M	5.43
12	HOSKING, LAURENCE	44.23		M	6.05
13	BOWDEN, ROB	44.39	Mem	M	6.07
14	BROOKE-TAYLOR, DAVID	45.27	Mem	M	6.14
15	CARTER, BRENDAN	45.30		M	6.14
16	STANTON, GEOFF	45.55	Mem	M	6.17
17	ELLERSHAW, ROBERT	46.34	Mem	M	6.23
18	MAYHEW, SUSAN	46.42	Mem	F	6.24
19	NEWNHAM, COLLEEN	46.43	Mem	F	6.24
20	LABUSCHAGNE, ROSEMARIE	47.47	Mem	F	6.33
21	SMITH, MATHEW	50.27	Mem	M	6.55
22	LABUSCHAGNE, CELESTE	50.28	Mem	F	6.55
23	KASTELEIN, HAYLEY	50.39	Mem	F	6.56
24	MCINNES, SCOTT	50.55	Mem	M	6.58
25	BRADLEY, FRASER	50.56	Mem	M	6.59
26	SENSE, MEG	51.40	Mem	F	7.05
27	SUE YEK, WILLIAM	52.20	Mem	M	7.10
28	COX, SHERRY	53.57	Mem	F	7.23
29	LOW, CARMEN	54.00	Mem	F	7.24
30	FLAVELL, CAROL	54.05	Mem	F	7.25
31	DOHERTY, SUE	54.14	Mem	F	7.26
32	DONOGHUE, MIKE	54.14	Mem	M	7.26
33	STANTON, MADELEINE	55.03	Mem	F	7.32
34	CLAYTON, SARAH	1.01.01	Mem	F	8.22
35	FULLER, ROBERT	1.03.07	Mem	M	8.39
36	DONOGHUE, MARY	1.04.13	Mem	F	8.48
37	DAVIES, JUDY	1.13.25	Mem	F	10.03

Townsville Road Runners 2022-06-04		46 Members & 7 Non Members			
TRR 2022-06-04 North Ward Hills 7.3k & 4.8k					
Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)
Short Course - 4.8k					
1	DALY, AILISH	27.44	Mem	F	5.47
2	DALY, NATALIE	36.42	Mem	F	7.39
3	HAMPTON, DAVE	36.44	Mem	M	7.39
4	HANCOX, BARBARA	37.56	Mem	F	7.54
5	DANIEL, PETER	40.12	Mem	M	8.23
6	HALL, EMILY	42.56	Mem	F	8.57
7	HOBSON, CHERYL	45.58	Mem	F	9.35
8	ZEVENBERGEN, CHRISTINA	45.59	Mem	F	9.35
9	PAUL, OURANIA	57.33	Mem	F	11.59
10	ERIKSEN, DALE	1.01.05	Mem	F	12.44
11	SIBLEY, JACK	1.03.05		M	13.09
12	KELSO, SYLVIA	1.03.12	Mem	F	13.10
Volunteers					
	SENSE, KERRY			M	
	VOLLMERHAUSE, SCOTT		Mem	M	
	WHARTON, DAVID		Mem	M	
	HUMPHRIES, HEATHER		Mem	F	
Thanks to Rebel Sport for the rollers and foam mats for recovery. They were well used after today's run.					