

TRR 2022-07-09 Townsville Pain and Injury Clinic Ross Dam 10km & 5K time trial 2						
Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	Notes
Long Course - 10K						
1	SENSE, RICHMOND	33.09		M	3.19	Wow! Superb run Richmond
2	QUIN, JAMES	38.39		M	3.52	
3	ZEVENBERGEN, MARCEL	39.37	Mem	M	3.58	
4	HULF, TOBY	40.25		M	4.03	
5	MEMI, NOAH	40.33		M	4.03	
6	WEBBER, BRIDGET	40.37		F	4.04	Sub 20min for last 5k-Well done
7	PURDON, LANCE	42.11	Mem	M	4.13	
8	EVANS, DERRICK	42.44	Mem	M	4.16	Running well lately Derrick
9	CARINI, DANIEL	43.44	Mem	M	4.22	
10	SHEPHARD, GREG	45.50	Mem	M	4.35	
11	DOHERTY, BILL	47.08	Mem	M	4.43	
12	JAMES, MARIA	47.51	Mem	F	4.47	Great comeback!
13	BARKER, JODIE	48.53	Mem	F	4.53	Awesome Jodie.
14	SERGEANT, DARBY	50.32		M	5.03	
15	FITZSIMMONS, MICHAEL	50.33	Mem	M	5.03	
16	BOWDEN, ROB	50.47	Mem	M	5.05	
17	SERGEANT, EDWINA	50.48	Mem	F	5.05	
18	WOUTERS, ILANA	50.48		F	5.05	
19	THOMPSON, GAZ	54.26	Mem	M	5.27	Great effort Gary & Craig after doing 10km beforehand
20	ALLEN, CRAIG	54.27	Mem	M	5.27	
21	HOSKING, LAURENCE	54.41		M	5.28	
22	ELLERSHAW, ROBERT	56.00	Mem	M	5.36	
23	LABUSCHAGNE, ROSEMARIE	56.12	Mem	F	5.37	
24	NEWNHAM, COLLEEN	56.24	Mem	F	5.38	
25	HANNAY, ANDREW	56.32	Mem	M	5.39	
26	GREGORY, KATHRYN	56.56	Mem	F	5.42	
27	LABUSCHAGNE, CELESTE	59.56	Mem	F	6.00	
28	MCINNES, SCOTT	1.02.37	Mem	M	6.16	
29	SUE YEK, WILLIAM	1.04.25	Mem	M	6.27	
30	SENSE, MEG	1.05.05	Mem	F	6.31	
31	DONOGHUE, MIKE	1.05.54	Mem	M	6.35	Thank-you course marker.
32	TIRENDI, FRANCESCO	1.07.50	Mem	M	6.47	
33	FINLAY, CORAL	1.07.53	Mem	F	6.47	
34	CLAYTON, SARAH	1.07.55	Mem	F	6.48	
35	DONOGHUE, MARY	1.19.32	Mem	F	7.57	Early Start

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Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	Notes
Short Course - 5k						
1	DALY, AILISH	26.15	Mem	F	5.15	
2	GREIG, CATHERINE	29.17	Mem	F	5.51	
3	LOW, CARMEN	30.49	Mem	F	6.10	
4	ERIKSEN, DALE	31.18	Mem	F	6.16	
5	KIRBY, ADRIAN	31.59	Mem	M	6.24	
6	KING, JENNIFER	33.08	Mem	F	6.38	
7	NORTON, NANCY	33.31		F	6.42	
8	DALY, NATALIE	36.24	Mem	F	7.17	
9	LEITCH, CAMPBELL	42.00	Mem	M	8.24	
10	ZEVENBERGEN, CHRISTINA	45.38	Mem	F	9.08	
11	HOBSON, CHERYL	45.39	Mem	F	9.08	
Volunteers						
	HANNAY, ANNE		Mem	F		Thank-you
	KIM, BJ		Mem	M		Thank-you
	WHARTON, DAVID		Mem	M		Thank-you