

Townsville Road Runners 2022-07-23		38 Members & 8 Non Members				
TRR 2022-07-23 Naturally Healthy Massage 10 Miler 15.9km & 4.7km						
Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	Notes
<b>Long Course - 15.9K</b>						
1	FORD, GEOFF	1.08.48	Mem	M	4.20	
2	ZEVENBERGEN, MARCEL	1.08.49	Mem	M	4.20	
3	WEBBER, BRIDGET	1.10.00		F	4.24	Great run Bridget.
4	FITZSIMMONS, MICHAEL	1.11.48	Mem	M	4.31	
5	EVANS, DERRICK	1.12.21	Mem	M	4.33	You pushed me all the way Derrick - nice run.
6	CULLEN, DAVID	1.15.21	Mem	M	4.44	
7	NUTTAL, JOHN	1.17.42		M	4.53	Are you really 70? Brilliant effort John.
8	SHEPHARD, GREG	1.17.52	Mem	M	4.54	
9	DOHERTY, BILL	1.18.42	Mem	M	4.57	Great finish Bill & Joseph
10	KEMEI, JOSEPH	1.18.43		M	4.57	Great finish Bill & Joseph
11	GRAHAM, ALAN	1.19.58	Mem	M	5.02	
12	SERGEANT, EDWINA	1.28.23	Mem	F	5.34	
13	WOUTERS, ILANA	1.28.24		F	5.34	
14	REYNOLDS, DAN	1.29.59	Mem	M	5.40	
15	GREGORY, KATHRYN	1.35.19	Mem	F	6.00	Awesome run Kathryn.
16	LABUSCHAGNE, ROSEMARIE	1.35.50	Mem	F	6.02	Have a wonderful day today - mother of the bride
17	LYTHGER, SARAH	1.36.23		F	6.04	
18	WHARTON, DAVID	1.37.03	Mem	M	6.06	
19	ELLERSHAW, ROBERT	1.39.08	Mem	M	6.14	
20	HANNAY, ANDREW	1.40.50	Mem	M	6.21	
21	STANTON, GEOFF	1.47.49	Mem	M	6.47	
22	MCINNES, SCOTT	1.48.24	Mem	M	6.49	
23	COX, SHERRY	1.48.40	Mem	F	6.50	
24	STANTON, MADELEINE	1.48.59	Mem	F	6.51	Got lost & did more than 10mile. You out ran your dad today Madeleine.
25	CLAYTON, SARAH	1.49.00	Mem	F	6.51	Got lost & did more than 10mile
26	HIETTE, TERRY			M		No Time Recorded

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<b>Short Course - 4.7k</b>						
1	BOWDEN, ROB	26.14	Mem	M	5.35	
2	DALY, AILISH	26.58	Mem	F	5.44	
3	SMITH, MATHEW	28.28	Mem	M	6.03	Congratulations for your wedding today. Did you really beat Celeste or your wedding day.
4	LABUSCHAGNE, CELESTE	28.29	Mem	F	6.04	Congratulations for your wedding today.
5	HALL, EMILY	28.40	Mem	F	6.06	
6	ERIKSEN, DALE	29.23	Mem	F	6.15	
7	LOW, CARMEN	29.32	Mem	F	6.17	
8	MILLER, GRAHAM	29.32		M	6.17	
9	GREIG, CATHERINE	29.33	Mem	F	6.17	
10	KING, JENNIFER	31.18	Mem	F	6.40	
11	ZEVENBERGEN, CHRISTINA	40.44	Mem	F	8.40	Daisy has to work on her starts or make her run with Marcel and slow him down.
12	JAMES, BOB	44.20	Mem	M	9.26	Thanks for helping after your run Bob.
13	DAVIES, JUDY	45.12	Mem	F	9.37	
14	KELSO, SYLVIA`	45.14	Mem	F	9.37	
15	HANNAY, ANNE	47.43	Mem	F	10.09	
16	SIBLEY, JACK	56.52		M	12.06	
17	DONOGHUE, MARY	1.02.33	Mem	F	13.19	Did 8km but registered for short course
18	TIRENDI, FRANCESCO	1.26.31	Mem	M	18.24	Did 12.4km but registered for short course
<b>Volunteers</b>						
Vol	JAMES, MARIA		Mem	F		Thank you for timing and taking photos
Vol	BROOKE-TAYLOR, DAVID		Mem	M		Thanks David.