

Townsville Road Runners 2022-08-20		11 Members & 0 Non Members	
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2022-08-20 Northshore parkrun 434 (5k) (No club points)

Place	Name	Actual Time MM:SS	Long/Sho rt/	Member	Gender	Pace (Min/km)
Long Course - 5K						
1	ZEVENBERGEN, MARCEL	19.10	Long	Mem	M	3.50
2	FORD, GEOFF	19.39	Long	Mem	M	3.56
3	FITZSIMMONS, MICHAEL	20.35	Long	Mem	M	4.07
4	EVANS, DERRICK	21.02	Long	Mem	M	4.12
5	THOMPSON, GAZ	26.47	Long	Mem	M	5.21
6	LABUSCHAGNE, ROSEMARIE	27.15	Long	Mem	F	5.27
7	LABUSCHAGNE, CELESTE	31.09	Long	Mem	F	6.14
8	SMITH, MATHEW	31.10	Long	Mem	M	6.14
9	SEWELL, DAVID	31.26	Long	Mem	M	6.17
10	ZEVENBERGEN, CHRISTINA	45.19	Long	Mem	F	9.04