

25/03/2023

## TRR 2023-03-25 Rebel Sports 10k Series Ross River Dam (10k &amp; 5k)

Place	Tag Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	
<b>Long Course - 10k</b>							
1	6	ARNOLD, DAVID	38.51	Mem	M	3.53	Awesome run David
2	7	O'REGAN, SIMON	39.07		M	3.55	Great to see you still doing sub 40min 10ks Simon.
3	8	ZEVENBERGEN, MARCEL	39.59	Mem	M	4.00	Nice Marcel-Thanks for helping Noah
4	9	NIEMI, NOAH	39.59	Mem	M	4.00	Noah's first ever sub 40min. Great last 50metres!
5	10	SWEENEY, FRASER	42.08		M	4.13	
6	11	BUCHHOLZ, SPARKY	42.28	Mem	M	4.15	Sparky's back!
7	13	WEBER, BRIDGET	42.54		F	4.17	First lady - well done Bridget.
8	14	MUSUMBA, CRISPIN	43.36		M	4.22	
9	15	PATHANIA, ADITYA	43.55			4.24	
10	16	DAVIDSON, AROHA	44.55			4.30	
11	17	MWARIA, DAVID	45.24	Mem	M	4.32	
12	18	CAHAYAG, MICHAEL	47.22		M	4.44	
13	19	CULLEN, DAVID	47.27	Mem	M	4.45	
14	20	FLEMETT, RAYMOND	47.52		M	4.47	
15	21	BARRA, JASON	48.24		M	4.50	
16	22	KIM, SHINHWA	48.35	Mem	F	4.52	
17	23	NEIMANIS, PETER	48.35	Mem	M	4.52	
18	25	ROBERTS, CHRISTA	49.14		F	4.55	
19	26	KEMEI, JOSEPH	49.15	Mem	M	4.56	
20	27	GRAHAM, ALAN	49.35	Mem	M	4.58	
21	28	SERGEANT, EDWINA	49.43	Mem	F	4.58	
22	29	JAMES, MARIA	50.15	Mem	F	5.02	
23	30	SCANDLYN, VIV	50.29	Mem	F	5.03	
24	32	AZULAY, EYAL	51.42			5.10	
25	33	MELLORS, HOLLY	51.57	Mem	F	5.12	
26	34	VOLLMERHAUSE, SCOTT	53.03	Mem	M	5.18	
27	35	BOWDEN, ROB	54.13	Mem	M	5.25	
28	36	MAUSOLF, MAGDALENA	54.38		F	5.28	
29	37	WHEELER, LUKE	54.42		M	5.28	
30	38	NEIMANIS, GRETA	54.50		F	5.29	
31	39	THOMPSON, GARY	54.56	Mem	M	5.30	
32	40	HOLMES, ANTHONY	54.56		M	5.30	
33	41	LABUSCHAGNE, ROSEMARIE	56.32	Mem	F	5.39	
34	42	GRAY, JACQUELINE	56.46		F	5.41	
35	43	PAYNE, REBECCA	58.49		F	5.53	
36	44	LABUSCHAGNE, CELESTE	1.01.00	Mem	F	6.06	
37	45	SMITH, MATHEW	1.01.01	Mem	M	6.06	
38	46	O'CONNOR, CHRISTINE	1.01.22		F	6.08	
39	47	FELIX, ERNEST	1.01.24		M	6.08	
40	48	GREIG, CATHERINE	1.02.01	Mem	F	6.12	
41	49	MCINNES, SCOTT	1.03.08	Mem	M	6.19	
42	50	ELLERSHAW, ROBERT	1.03.14	Mem	M	6.19	
43	51	WINDRIDGE, JOHN	1.03.27		M	6.21	
44	52	WHARTON, DAVID	1.03.44	Mem	M	6.22	
45	53	FINLAY, CORAL	1.05.37	Mem	F	6.34	
46	54	BEIL, LYNDIE	1.05.38	Mem	F	6.34	
47	55	DOHERTY, SUE	1.06.59	Mem	F	6.42	
48	56	NEWNHAM, COLLEEN	1.07.32	Mem	F	6.45	
49	57	HOLTHUISEN, JULIE	1.07.48		F	6.47	
50	58	TIRENDI, FRANK	1.09.27	Mem	M	6.57	
51	59	ARNOLD, VANESSA	1.10.02	Mem	F	7.00	
52	60	SENSE, MEG	1.10.44	Mem	F	7.04	
53	61	DONOGHUE, MARY	1.13.02	Mem	F	7.18	
54	62	PFUMA, SVETLANA	1.17.33		F	7.45	Great first 10km Svetlana.

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TRR 2023-03-25 Rebel Sports 10k Series Ross River Dam (10k & 5k)

Place	Tag Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	
<b>Short Course - 5km</b>							
1	1	GRUBBA, TRACEY	24.09	Mem	F	4.50	
2	2	SCANDLYN, KEITH	26.23	Mem	M	5.17	
3	3	OSBORNE, TABITHA	27.01	Mem	F	5.24	
4	4	NEIMANIS, KATHLEEN	32.36		F	6.31	
5	5	CASTLE, CAROLYN	34.05		F	6.49	
6	12	ZEVENBERGEN, CHRISTINA	42.29	Mem	F	8.30	
7	24	SUE YEK, WILLIAM	48.53	Mem	M	9.47	
8	31	HANLEY, PETER	51.03	Mem	M	10.13	
<b>Volunteers</b>							
	V1	DONOGHUE, MIKE		Mem	M		
	V2	FITZSIMMONS, MICHAEL		Mem	M		
	V3	PAIN, TILLEY		Mem	F		
Thank you Rebel Sport for sponsoring our run. Thank you Maria for setting the course. It was great to see the crew from Crossfit. Hope to see you run with TRR again							