

28-30 Apr 2023 Ravenswood Gold 3 Day Race (9.5km & 19.98km & 13.84km=43.32km Total)

Ravenswood Gold 3 Day Race - Accumulated Time

Must do all 3 runs to be eligible for Overall Result

Overall Place	Gender Place	Name	Member	Gender	Accum-Time	Average Pace (Min/km)	Day1 9.5km-Place	Day1-Time	Day2 19.98km-Place	Day2-Time	Day3 13.84km-Place	Day3-Time
1	M-1	SMITH, JYLE	MEM	M	3.12.38	4.27	1	37.08	1	1.33.55	1	1.01.35
2	M-2	SWEENEY, FRASER		M	3.17.24	4.33	2	39.16	2	1.35.46	3	1.02.22
3	M-3	ZEVENBERGEN, MARCEL	MEM	M	3.23.16	4.42	6	42.14	3	1.38.01	4	1.03.01
4	M-4	RICHARDSON, PETER		M	3.27.35	4.48	3	41.19	5	1.41.13	5	1.05.03
5	F-1	SEWELL, LARA		F	3.37.27	5.01	10	44.19	6	1.44.48	7	1.08.20
6	M-5	VANCE, DAVID	MEM	M	3.44.15	5.11	15	45.36	8	1.46.58	9	1.11.41
7	F-2	HENDERSON, ANTHEA		F	3.44.44	5.11	9	44.12	10	1.48.40	13	1.12.28
8	M-6	GRAHAM, ALAN	MEM	M	3.48.34	5.17	17	46.01	12	1.50.38	10	1.11.55
9	M-7	ANDREWS, ALLEN		M	3.48.40	5.17	14	45.23	13	1.50.40	17	1.13.13
10	M-8	BARRA, JASON	MEM	M	3.50.34	5.19	22	46.50	11	1.50.29	18	1.13.15
11	M-9	CULLEN, DAVID	MEM	M	3.51.29	5.21	23	46.54	14	1.52.15	12	1.12.20
12	F-3	MARTINI, LIZA		F	3.54.36	5.25	20	46.45	15	1.52.43	22	1.15.08
13	F-4	KINBACHER, DAWN		F	4.00.21	5.33	19	46.17	18	1.56.25	26	1.17.39
14	F-5	SCANDLYN, VIV	MEM	F	4.01.44	5.35	25	48.13	19	1.56.49	23	1.16.42
15	M-10	SHEPHARD, GREG	MEM	M	4.01.48	5.35	18	46.08	20	1.58.36	24	1.17.04
16	M-11	NICHOLSON, TREVOR		M	4.40.11	6.28	30	51.09	22	2.21.05	28	1.27.57
17	M-12	BOWDEN, ROB	MEM	M	4.45.39	6.36	31	53.12	23	2.23.22	29	1.29.05
18	F-6	LABUSCHAGNE, ROSEMARIE	MEM	F	4.45.54	6.36	35	57.45	21	2.14.47	30	1.33.22
19	M-13	NIEMI, NOAH	MEM	M	4.46.38	6.37	4	41.43	26	2.28.29	32	1.36.26
20	F-7	NEWNHAM, COLLEEN	MEM	F	5.00.15	6.56	33	56.02	25	2.24.04	33	1.40.09
21	M-14	MCINNES, SCOTT	MEM	M	5.23.37	7.28	37	1.02.00	28	2.38.30	37	1.43.34
22	F-8	ARNOLD, VANESSA	MEM	F	5.29.35	7.36	39	1.06.16	29	2.39.55	36	1.43.24