

16/09/2023

TRR 2023-09-16 10K Series Freshwater Loop (10km and 5km)

Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)
<b>Long Course - 10k</b>					
1	BUCHHOLZ, SPARKY	44.10	MEM	M	4.25
2	ZEVENBERGEN, MARCEL	44.11	MEM	M	4.25
3	WEBBER, BRIDGET	47.13		F	4.43
4	JAMES, MARIA	48.10	MEM	F	4.49
5	KEMEI, JOSEPH	48.10	MEM	M	4.49
6	KIM, BJ	49.50	MEM	M	4.59
7	MAGUIRE, GERRY	50.08	MEM	M	5.01
8	VANCE, DAVID	50.33	MEM	M	5.03
9	MANNING, JOHN	50.39		M	5.04
10	CULLEN, DAVID	52.18	MEM	M	5.14
11	CAHAYAG, MICHAEL	53.30		M	5.21
12	EVANS, DERRICK	55.28	MEM	M	5.33
13	GRUBBA, TRACEY	53.35	MEM	F	5.22
14	DAWSON, WILLIAM	55.41	MEM	M	5.34
15	BOWDEN, ROB	55.41	MEM	M	5.34
16	CARTER, BRENDAN	59.52	MEM	M	5.59
17	NEWNHAM, COLLEEN	1.00.53	MEM	F	6.05
18	MAYHEW, SUSAN	1.00.53	MEM	F	6.05
19	WHARTON, DAVID	1.00.57	MEM	M	6.06
20	DONOGHUE, MIKE	1.01.35	MEM	M	6.10
21	WALSH, PAULA	1.12.51		F	7.17
22	IRVING, NATHAN	1.12.52		M	7.17
23	MCINNES, SCOTT	1.16.56	MEM	M	7.42
24	LABUSCHAGNE, CELESTE	1.17.33	MEM	F	7.45
25	SMITH, MATHEW	1.17.34	MEM	M	7.45
26	MCNABB, JIM	1.17.38	MEM	M	7.46
27	JAMES, BOB	1.25.29	MEM	M	8.33
28	DOHERTY, BILL	1.26.01	MEM	M	8.36
29	DOHERTY, SUE	1.26.01	MEM	F	8.36
30	DONOGHUE, MARY	1.35.06	MEM	F	9.31
31	SENSE, MEG	1.35.06	MEM	F	9.31

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TRR 2023-09-16 10K Series Freshwater Loop (10km and 5km)

Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)
<b>Short Course - 5km</b>					
1	GRAHAM, ALAN	22.49	MEM	M	4.34
2	CONNOLLY, TERRY	27.52		M	5.34
3	BRADLEY, FRASER	31.21	MEM	M	6.16
4	RICHARDSON, WENDY	31.31	MEM	F	6.18
5	RUSSELL, KIMBERLEY	31.54		F	6.23
6	HANNAY, ANDREW	33.04	MEM	M	6.37
7	LOW, CARMEN	35.37	MEM	F	7.07
8	JOHNSTON, LEAH	35.39		F	7.08
9	SUE YEK, WILLIAM	38.10	MEM	M	7.38
10	SIEBURN, ZAC	42.40		M	8.32
11	SIEBURN, MADDIE	42.40		F	8.32
12	SIEBURN, ANGE	42.41		F	8.32
13	SIEBURN, ELLIE	44.09		F	8.50
14	SIEBURN, LEXIE	47.18		F	9.28
15	SIEBURN, JOHN	47.19		M	9.28
16	ZEVENBERGEN, CHRISTINA	52.48	MEM	F	10.34
17	HOBSON, CHERYL	52.49	MEM	F	10.34
18	KELSO, SYLVIA	58.26	MEM	F	11.41
19	FULLER, ROBERT	1.03.06	MEM	M	12.37
20	RINTOUL, LEIGH	1.03.06	MEM	F	12.37
21	DAVIES, JUDY	1.03.06	MEM	F	12.37
<b>Volunteers</b>					
	FITZSIMMONS, MICHAEL		Mem	M	
	STANTON, GEOFF		Mem	M	

Hope you are ok after your fall Yvette. Thanks to those who helped Yvette - she is ok.