

24/08/2024

TRR 2024-08-24 City Oasis East Water Tanks Run (7.8k & 4.6k)

Place	Name	Actual Time MM:SS	Gender	Pace (Min/km)	Course / Gender Place
Long Course - 7.8k					
1	ARNOLD, DAVID	0.33.43	M	4.19	Long Course - Male - 01
2	MWARIA, DAVID	0.37.13	M	4.46	Long Course - Male - 02
3	MALACHIAS, MARINA	0.37.34	F	4.49	Long Course - Female - 01
4	BOSCHEN, MATTHEW	0.38.39	M	4.57	Long Course - Male - 03
5	CULLEN, DAVID	0.38.47	M	4.58	Long Course - Male - 04
6	KEMEI, JOSEPH	0.39.35	M	5.04	Long Course - Male - 05
7	GRAHAM, ALAN	0.39.41	M	5.05	Long Course - Male - 06
8	SHEPHARD, GREG	0.40.21	M	5.10	Long Course - Male - 07
9	KIM, BJ	0.40.26	M	5.11	Long Course - Male - 08
10	TURNER, JASON	0.41.15	M	5.17	Long Course - Male - 09
11	DAWSON, WILLIAM	0.44.17	M	5.41	Long Course - Male - 10
12	HOARE, BARRY	0.44.27	M	5.42	Long Course - Male - 11
13	SAUL, LIA	0.52.06	F	6.41	Long Course - Female - 02
14	CARTER, BRENDAN	0.52.07	M	6.41	Long Course - Male - 12
15	HANNAY, ANDREW	0.52.31	M	6.44	Long Course - Male - 13
16	KRUSKE, ALICIA	0.53.48	F	6.54	Long Course - Female - 03
17	MAYHEW, SUSAN	0.55.19	F	7.06	Long Course - Female - 04
18	JOHNSON, LIA	0.55.20	F	7.06	Long Course - Female - 05
19	DONOGHUE, MIKE	0.56.00	M	7.11	Long Course - Male - 14
20	CLAYTON, SARAH	0.56.03	F	7.11	Long Course - Female - 06
21	TIRENDI, FRANCESCO	0.56.05	M	7.11	Long Course - Male - 15
22	MCINNES, SCOTT	0.57.03	M	7.19	Long Course - Male - 16
23	BEIL, LYNDIE	0.59.16	F	7.36	Long Course - Female - 07
24	DE JERSEY, STEPHEN	1.01.52	M	7.56	Long Course - Male - 17
25	DE JERSEY, LOUISE	1.08.24	F	8.46	Long Course - Female - 08
26	DONOGHUE, MARY	1.09.07	F	8.52	Long Course - Female - 09
27	SENSE, MEG	1.10.03	F	8.59	Long Course - Female - 10
28	GREIG, KATHY	1.10.04	F	8.59	Long Course - Female - 11
29	CHEN, YANG	1.10.20	F	9.01	Long Course - Female - 12
30	ARNOLD, VANESSA	1.10.21	F	9.01	Long Course - Female - 13
31	GUAN, YINGYI	1.10.50	F	9.05	Long Course - Female - 14
32	SUE YEK, WILLIAM	1.10.56	M	9.06	Long Course - Male - 18

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Place	Name	Actual Time MM:SS	Gender	Pace (Min/km)	Course / Gender Place
Short Course - 4.6km					
1	FLYNN-PITTAR, DEE	0.28.04	F	6.06	Short Course - Female - 01
2	FITZSIMMONS, MICHAEL	0.35.38	M	7.45	Short Course - Male - 01
3	PAIN, TILLEY	0.48.30	F	10.33	Short Course - Female - 02
4	ZEVENBERGEN, CHRISTINA	0.54.02	F	11.45	Short Course - Female - 03
5	SIBLEY, JACK	0.54.04	M	11.45	Short Course - Male - 02
6	FULLER, ROBERT	1.07.55	M	14.46	Short Course - Male - 03
7	KELSO, SYLVIA	1.08.14	F	14.50	Short Course - Female - 04
8	DAVIES, JUDY	1.08.33	F	14.54	Short Course - Female - 05
9	RINTOUL, LEIGH	1.08.35	F	14.55	Short Course - Female - 06
Volunteers					
	BRADLEY, FRASER		M		
	ZEVENBERGEN, MARCEL		M		
	EVANS, DERRICK		M		

Thank you to everyone who helped with todays run.

Thank you to Brendan and the crew at City Oasis for hosting our run.

If you are looking for something to do Sunday 25th, come on down and cheer on those participating in the Multisports Ironman World Championship as up to 500 competitors complete their triathlon. They will be completing a 3km swim (2 x 1.5km laps), a 114km ride (3 x 38km laps between end of Pallarenda / Strand, City, V8 track / Woolcock St to Hughes St. intersection) and 30km run (2 x 12k laps + 1 x 6km lap between Rock pool and Pallarenda). Course starts at rockpool from 7am.

Congratulations to Marina Malachias from the world championship who finished 10th in her event yesterday and joined us today for a run.