

2025-05-03

TRR 2025-05-03 Seam Easy Strand Run (8.00k & 4.00k)

Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	Course / Gender Place
Long Course - 8k						
1	KELLER, MAXENDRE	0.32.28		M	4.04	Long Course - Male - 01
2	ZEVENBERGEN, MARCEL	0.33.32	MEM	M	4.12	Long Course - Male - 02
3	BUCHHOLZ, MARK	0.33.40		M	4.13	Long Course - Male - 03
4	FITZSIMMONS, MICHAEL	0.35.12	MEM	M	4.24	Long Course - Male - 04
5	FORD, GEOFF	0.35.22	MEM	M	4.25	Long Course - Male - 05
6	CARTER, ALEX	0.35.55		M	4.29	Long Course - Male - 06
7	CULLEN, DAVID	0.37.59	MEM	M	4.45	Long Course - Male - 07
8	ANDRESS, GREG	0.38.00		M	4.45	Long Course - Male - 08
9	SIEBURN, ANGELA	0.38.04	MEM	F	4.46	Long Course - Female - 01
10	KIM, BJ	0.38.16	MEM	M	4.47	Long Course - Male - 09
11	GRAHAM, ALAN	0.38.27	MEM	M	4.48	Long Course - Male - 10
12	CARTER, BRENDAN	0.39.56	MEM	M	5.00	Long Course - Male - 11
13	DAWSON, EDWARD	0.40.00	MEM	M	5.00	Long Course - Male - 12
14	DAWSON, WILLIAM	0.40.01	MEM	M	5.00	Long Course - Male - 13
15	KILROY, DESMOND	0.40.34	MEM	M	5.04	Long Course - Male - 14
16	MELLORS, HOLLY	0.42.41	MEM	F	5.20	Long Course - Female - 02
17	NIEMI, NOAH	0.42.43	MEM	M	5.20	Long Course - Male - 15
18	MURPHY, PETER	0.43.12	MEM	M	5.24	Long Course - Male - 16
19	GRUBBA, TRACEY	0.44.12	MEM	F	5.32	Long Course - Female - 03
20	IRVING, NATHAN	0.44.13	MEM	M	5.32	Long Course - Male - 17
21	HIETTE, TERENCE	0.44.25		M	5.33	Long Course - Male - 18
22	WATERS, ALLISON	0.45.03		F	5.38	Long Course - Female - 04
23	JOHNSON, LIA	0.48.48	MEM	F	6.06	Long Course - Female - 05
24	NEWNHAM, COLLEEN	0.48.49	MEM	F	6.06	Long Course - Female - 06
25	MAYHEW, SUSAN	0.48.51	MEM	F	6.06	Long Course - Female - 07
26	OSBORNE, TABITHA	0.49.39	MEM	F	6.12	Long Course - Female - 08
27	LABUSCHAGNE, ROSEMARIE	0.50.06	MEM	F	6.16	Long Course - Female - 09
28	ANDERSEN, DAVID	0.51.06		M	6.23	Long Course - Male - 19
29	WHARTON, DAVID	0.51.22	MEM	M	6.25	Long Course - Male - 20
30	GUNEY, IREM	0.51.28	MEM	F	6.26	Long Course - Female - 10
31	MCINNES, SCOTT	0.52.34	MEM	M	6.34	Long Course - Male - 21
32	COX, SHERRY	0.52.36	MEM	F	6.35	Long Course - Female - 11
33	ERIKSEN, DALE	0.52.50	MEM	F	6.36	Long Course - Female - 12
34	MEIN, SARA	0.54.32		F	6.49	Long Course - Female - 13
35	BEIL, LYNDIE	0.54.34	MEM	F	6.49	Long Course - Female - 14
36	TIRENDI, FRANCESCO	0.58.40	MEM	M	7.20	Long Course - Male - 22
37	MCNABB, WILLIAM	0.58.42	MEM	M	7.20	Long Course - Male - 23
38	FINLAY, CORAL	0.59.49	MEM	F	7.29	Long Course - Female - 15
39	DONOGHUE, MARY	1.04.19	MEM	F	8.02	Long Course - Female - 16
40	JAMES, BOB	1.26.54	MEM	M	10.52	Long Course - Male - 24

2025-05-03

TRR 2025-05-03 Seam Easy Strand Run (8.00k & 4.00k)

Place	Name	Actual Time MM:SS	Member	Gender	Pace (Min/km)	Course / Gender Place
Short Course - 4k						
1	FLYNN-PITTAR, DEE	0.21.32	MEM	F	5.23	Short Course - Female - 01
2	SMITH, MATHEW	0.23.32	MEM	M	5.53	Short Course - Male - 01
3	LABUSCHAGNE, CELESTE	0.23.33	MEM	F	5.53	Short Course - Female - 02
4	HONAN, BRIDGET	0.24.43		F	6.11	Short Course - Female - 03
5	SIEBURN, MADELEINE	0.27.55	MEM	F	6.59	Short Course - Female - 04
6	SIEBURN, ELIZABETH	0.27.55	MEM	F	6.59	Short Course - Female - 05
7	KNIGHT, MEGHAN	0.27.59	MEM	F	7.00	Short Course - Female - 06
8	SIEBURN, ZACHARY	0.28.04	MEM	M	7.01	Short Course - Male - 02
9	SIEBURN, ALEXANDRA	0.28.13	MEM	F	7.03	Short Course - Female - 07
10	SIEBURN, JONATHON	0.28.27	MEM	M	7.07	Short Course - Male - 03
11	SENSE, MEG	0.29.13	MEM	F	7.18	Short Course - Female - 08
12	ZEVENBERGEN, CHRISTINA	0.37.31	MEM	F	9.23	Short Course - Female - 09
13	HOBSON, CHERYL	0.37.32	MEM	F	9.23	Short Course - Female - 10
14	KELSO, SYLVIA	0.43.56	MEM	F	10.59	Short Course - Female - 11
15	SIBLEY, JACK	0.43.58	MEM	M	11.00	Short Course - Male - 04
16	SUE YEK, WILLIAM	0.50.32	MEM	M	12.38	Short Course - Male - 05
17	VAN HERCK, ANNIE	0.51.30		F	12.53	Short Course - Female - 12
18	RINTOUL, LEIGH	0.51.31	MEM	F	12.53	Short Course - Female - 13
19	KILROY, SKYLA	1.12.00	MEM	F	18.00	Short Course - Female - 14
Volunteers						
	BENSON, TRISCHA		Mem	F		
	DONOGHUE, MIKE		Mem	M		

Thank you to everyone who helped with todays run.

Just a reminder **MEMBERS NEED TO ONLY REGISTER FOR VOLUNTEERING** OR FOR MAJOR EVENTS SUCH AS MOTHERS AND THE KING/QUEEN OF THE HILL RUNS. MICHAEL FITZSIMMONS WILL AUTOMATICALLY REGISTER YOU FOR YOUR PREFERRED RUN.

THERE IS NO CHANGE TO HOW NON-MEMBERS CHECK IN but note, we prefer non-members to register on-line by 7PM on the day prior to the run to select your run, provide emergency contact details, pay if using the credit card option, and acknowledge the waiver. Pre-registering enables non-members details to be included on our pre-printed recording sheet. (Note non-members can always register in person on run day but this is not efficient and is not our preferred option).

When members / non-members check-in on run day, they will need to confirm whether they are doing the short or long run or volunteering as they currently do.