

TRR 2025 3 Day Run Results - accumulated time after day 3

Sponsored by Ravenswood Gold



Long Course Rank	Long Course Male Rank	Long Course Female Rank	Name	Gender	Accum. Time H.MM.SS	Accum. Time Secs	Race 1 Place	Race 1 Time H:MM:SS	Race 2 Place	Race 2 Time H.MM.SS	Race 3 Place	Race 3 Time H.MM.SS
1	1		ARNOLD, DAVID	M	3.06.33	11,193	1	0.38.20	1	1.28.52	1	0.59.21
2	2		ZEVENBERGEN, MARCEL	M	3.22.39	12,159	5	0.42.10	2	1.37.19	2	1.03.10
3	3		NIEMI, NOAH	M	3.24.44	12,284	3	0.41.42	3	1.38.27	3	1.04.35
4	4		BOSCHEN, MATTHEW	M	3.26.31	12,391	4	0.42.04	4	1.38.37	4	1.05.50
5	5		FITZSIMMONS, MICHAEL	M	3.31.44	12,704	7	0.43.11	5	1.40.38	5	1.07.55
6	6		BOGUZIS, TOMAS	M	3.36.29	12,989	6	0.43.07	6	1.44.25	6	1.08.57
7	7		KEMEI, JOSEPH	M	3.39.28	13,168	8	0.44.29	7	1.44.53	7	1.10.06
8	8		CULLEN, DAVID	M	3.47.51	13,671	12	0.46.02	10	1.50.25	9	1.11.24
9	9		SHEPHARD, GREG	M	3.50.09	13,809	9	0.44.31	11	1.51.24	12	1.14.14
10		1	O'CONNOR, NUALA	F	3.51.01	13,861	16	0.49.25	9	1.49.32	11	1.12.04
11	10		IRVING, NATHAN	M	3.53.38	14,018	10	0.44.45	17	1.57.25	10	1.11.28
12		2	SIEBURN, ANGELA	F	3.56.09	14,169	11	0.45.37	16	1.55.10	13	1.15.22
13	11		CARTER, BRENDAN	M	3.58.15	14,295	13	0.46.21	12	1.52.43	14	1.19.11
14		3	MELLORS, HOLLY	F	4.04.06	14,646	17	0.49.27	18	2.04.29	8	1.10.10
15		4	FLYNN-PITTAR, DEE	F	4.28.11	16,091	19	0.52.21	20	2.12.04	17	1.23.46
16		5	OSBORNE, TABITHA	F	4.52.48	17,568	22	0.57.28	21	2.19.15	19	1.36.05
17		6	LABUSCHAGNE, ROSEMARIE	F	4.54.10	17,650	23	0.58.31	22	2.23.38	18	1.32.01
18		7	NEWNHAM, COLLEEN	F	5.15.51	18,951	24	0.59.30	23	2.34.12	23	1.42.09
19	12		STANTON, GEOFF	M	5.21.57	19,317	26	1.01.55	27	2.40.48	20	1.39.14
20	13		MCINNES, SCOTT	M	5.23.38	19,418	27	1.05.48	26	2.38.33	21	1.39.17
21		8	FINLAY, CORAL	F	5.25.55	19,555	30	1.08.50	24	2.34.22	25	1.42.43
22		9	RAYCHEVA, NELI	F	5.34.24	20,064	28	1.06.54	28	2.43.42	27	1.43.48
23		10	ARNOLD, VANESSA	F	5.51.58	21,118	32	1.10.29	29	2.49.52	28	1.51.37



Place	Tag Place	Name	Time MM:SS	Time (Seconds)	Member Status	Gender	Pace (Min/km)	Course / Gender Place
Long Course - 9.5k								
1	1	ARNOLD, DAVID	0.38.20	2300	MEM	M	4.02	Long Course - Male - 01
2	2	ZAVALA, MARTIN	0.39.30	2370		M	4.09	Long Course - Male - 02
3	3	NIEMI, NOAH	0.41.42	2502	MEM	M	4.23	Long Course - Male - 03
4	4	BOSCHEN, MATTHEW	0.42.04	2524	MEM	M	4.26	Long Course - Male - 04
5	5	ZEVENBERGEN, MARCEL	0.42.10	2530	MEM	M	4.26	Long Course - Male - 05
6	6	BOGUZIS, TOMAS	0.43.07	2587		M	4.32	Long Course - Male - 06
7	7	FITZSIMMONS, MICHAEL	0.43.11	2591	MEM	M	4.33	Long Course - Male - 07
8	8	KEMEI, JOSEPH	0.44.29	2669	MEM	M	4.41	Long Course - Male - 08
9	9	SHEPHARD, GREG	0.44.31	2671	MEM	M	4.41	Long Course - Male - 09
10	10	IRVING, NATHAN	0.44.45	2685	MEM	M	4.43	Long Course - Male - 10
11	11	SIEBURN, ANGELA	0.45.37	2737	MEM	F	4.48	Long Course - Female - 01
12	12	CULLEN, DAVID	0.46.02	2762	MEM	M	4.51	Long Course - Male - 11
13	13	CARTER, BRENDAN	0.46.21	2781	MEM	M	4.53	Long Course - Male - 12
14	14	KILROY, DESMOND	0.49.14	2954	MEM	M	5.11	Long Course - Male - 13
15	15	HOLMES, ANTHONY	0.49.15	2955		M	5.11	Long Course - Male - 14
16	16	O'CONNOR, NUALA	0.49.25	2965	MEM	F	5.12	Long Course - Female - 02
17	17	MELLORS, HOLLY	0.49.27	2967	MEM	F	5.12	Long Course - Female - 03
18	18	BOWDEN, ROB	0.51.55	3115	MEM	M	5.28	Long Course - Male - 15
19	19	FLYNN-PITTAR, DEE	0.52.21	3141	MEM	F	5.31	Long Course - Female - 04
20	20	CETHAM-O'CONNOR, SAM	0.53.58	3238	MEM	M	5.41	Long Course - Male - 16
21	21	HUCHIN, AUGUSTINE	0.55.34	3334		F	5.51	Long Course - Female - 05
22	22	OSBORNE, TABITHA	0.57.28	3448	MEM	F	6.03	Long Course - Female - 06
23	23	LABUSCHAGNE, ROSEMARIE	0.58.31	3511	MEM	F	6.10	Long Course - Female - 07
24	24	NEWNHAM, COLLEEN	0.59.30	3570	MEM	F	6.16	Long Course - Female - 08
25	25	DONOGHUE, MIKE	0.59.43	3583	MEM	M	6.17	Long Course - Male - 17
26	26	STANTON, GEOFF	1.01.55	3715	MEM	M	6.31	Long Course - Male - 18
27	27	MCINNES, SCOTT	1.05.48	3948	MEM	M	6.56	Long Course - Male - 19
28	28	RAYCHEVA, NELI	1.06.54	4014		F	7.03	Long Course - Female - 09
29	29	BEIL, LYNDIE	1.07.19	4039	MEM	F	7.05	Long Course - Female - 10
30	30	FINLAY, CORAL	1.08.50	4130	MEM	F	7.15	Long Course - Female - 11
31	31	LOW, CARMEN	1.10.28	4228	MEM	F	7.25	Long Course - Female - 12
32	32	ARNOLD, VANESSA	1.10.29	4229	MEM	F	7.25	Long Course - Female - 13
Volunteers								
	V1	ERIKSEN, DALE			MEM	F		
	V2	SENSE, MEG			MEM	F		
	V3	WHARTON, DAVID			MEM	M		
	V4	ZEVENBERGEN, CHRISTINA			MEM	F		

Thank you to everyone who helped with todays run.



Place	Tag Place	Name	Time MM:SS	Time (Seconds)	Member Status	Gender	Pace (Min/km)	Pace (Sec/km)	Course / Gender Place
Long Course - 19.98k									
1	1	ARNOLD, DAVID	1.28.52	5332	MEM	M	4.27	267	Long Course - Male - 01
2	2	ZEVENBERGEN, MARCEL	1.37.19	5839	MEM	M	4.52	292	Long Course - Male - 02
3	3	NIEMI, NOAH	1.38.27	5907	MEM	M	4.56	296	Long Course - Male - 03
4	4	BOSCHEN, MATTHEW	1.38.37	5917	MEM	M	4.56	296	Long Course - Male - 04
5	5	FITZSIMMONS, MICHAEL	1.40.38	6038	MEM	M	5.02	302	Long Course - Male - 05
6	6	BOGUZIS, TOMAS	1.44.25	6265		M	5.14	314	Long Course - Male - 06
7	7	KEMEI, JOSEPH	1.44.53	6293	MEM	M	5.15	315	Long Course - Male - 07
8	8	SARGENT, WILLIAM	1.47.28	6448		M	5.23	323	Long Course - Male - 08
9	9	O'CONNOR, NUALA	1.49.32	6572	MEM	F	5.29	329	Long Course - Female - 01
10	10	CULLEN, DAVID	1.50.25	6625	MEM	M	5.32	332	Long Course - Male - 09
11	11	SHEPHARD, GREG	1.51.24	6684	MEM	M	5.35	335	Long Course - Male - 10
12	12	CARTER, BRENDAN	1.52.43	6763	MEM	M	5.38	338	Long Course - Male - 11
13	13	DAWSON, WILLIAM	1.53.01	6781	MEM	M	5.39	339	Long Course - Male - 12
14	14	DOYLE, ANDREW	1.53.11	6791		M	5.40	340	Long Course - Male - 13
15	15	FREEDMAN, BEN	1.54.29	6869		M	5.44	344	Long Course - Male - 14
16	16	SIEBURN, ANGELA	1.55.10	6910	MEM	F	5.46	346	Long Course - Female - 02
17	17	IRVING, NATHAN	1.57.25	7045	MEM	M	5.53	353	Long Course - Male - 15
18	18	MELLORS, HOLLY	2.04.29	7469	MEM	F	6.14	374	Long Course - Female - 03
19	19	KILROY, DESMOND	2.05.01	7501	MEM	M	6.15	375	Long Course - Male - 16
20	20	FLYNN-PITTAR, DEE	2.12.04	7924	MEM	F	6.37	397	Long Course - Female - 04
21	21	OSBORNE, TABITHA	2.19.15	8355	MEM	F	6.58	418	Long Course - Female - 05
22	22	LABUSCHAGNE, ROSEMARIE	2.23.38	8618	MEM	F	7.11	431	Long Course - Female - 06
23	23	NEWNHAM, COLLEEN	2.34.12	9252	MEM	F	7.43	463	Long Course - Female - 07
24	24	FINLAY, CORAL	2.34.22	9262	MEM	F	7.44	464	Long Course - Female - 08
25	25	CHETHAM-O'CONNOR, SAM	2.34.24	9264	MEM	M	7.44	464	Long Course - Male - 17
26	26	MCINNES, SCOTT	2.38.33	9513	MEM	M	7.56	476	Long Course - Male - 18
27	27	STANTON, GEOFF	2.40.48	9648	MEM	M	8.03	483	Long Course - Male - 19
28	28	RAYCHEVA, NELI	2.43.42	9822		F	8.12	492	Long Course - Female - 09
29	29	ARNOLD, VANESSA	2.49.52	10192	MEM	F	8.30	510	Long Course - Female - 10
30	30	BEIL, LYNDIE	2.49.58	10198	MEM	F	8.30	510	Long Course - Female - 11
Volunteers									
	V1	DONOGHUE, MIKE			MEM	M			
	V2	GRUBBA, TRACEY			MEM	F			
	V3	HOBSON, CHERYL			MEM	F			
	V4	SENSE, MEG			MEM	F			
	V5	SEWELL, DAVID			MEM	M			
	V6	SUE YEK, WILLIAM			MEM	M			
	V7	WHARTON, DAVID			MEM	M			

Remember its a 6AM start Sunday.

Thank you Ravenswood Gold for your sponsorship.

Please take the time on Sunday to thank all our volunteers. From putting out / collecting the cones, restocking the van, setting up the race precinct, organising food and prizes, the recorders, taggers and timers, and our president and committee - it takes a huge effort over 3 days to put this run on and we cant do it without them.

2025-06-22

TRR 2025-06-22 Ravenswood Gold 3 Day Run-Day3 (13.83k)



Place	Tag Place	Name	Time MM:SS	Member Status	Gender	Pace (Min/km)	Course / Gender Place
Long Course - 13.83k							
1	1	ARNOLD, DAVID	0.59.21	MEM	M	4.17	Long Course - Male - 01
2	2	ZEVENBERGEN, MARCEL	1.03.10	MEM	M	4.34	Long Course - Male - 02
3	3	NIEMI, NOAH	1.04.35	MEM	M	4.40	Long Course - Male - 03
4	4	BOSCHEN, MATTHEW	1.05.50	MEM	M	4.46	Long Course - Male - 04
5	5	FITZSIMMONS, MICHAEL	1.07.55	MEM	M	4.55	Long Course - Male - 05
6	6	BOGUZIS, TOMAS	1.08.57		M	4.59	Long Course - Male - 06
7	7	KEMEI, JOSEPH	1.10.06	MEM	M	5.04	Long Course - Male - 07
8	8	MELLORS, HOLLY	1.10.10	MEM	F	5.04	Long Course - Female - 01
9	9	CULLEN, DAVID	1.11.24	MEM	M	5.10	Long Course - Male - 08
10	10	IRVING, NATHAN	1.11.28	MEM	M	5.10	Long Course - Male - 09
11	11	O'CONNOR, NUALA	1.12.04	MEM	F	5.13	Long Course - Female - 02
12	12	SHEPHARD, GREG	1.14.14	MEM	M	5.22	Long Course - Male - 10
13	13	SIEBURN, ANGELA	1.15.22	MEM	F	5.27	Long Course - Female - 03
14	14	CARTER, BRENDAN	1.19.11	MEM	M	5.44	Long Course - Male - 11
15	15	MURPHY, PETER	1.19.42	MEM	M	5.46	Long Course - Male - 12
16	16	HAM, TIM	1.23.06		M	6.01	Long Course - Male - 13
17	17	FLYNN-PITTAR, DEE	1.23.46	MEM	F	6.03	Long Course - Female - 04
18	18	LABUSCHAGNE, ROSEMARIE	1.32.01	MEM	F	6.39	Long Course - Female - 05
19	19	OSBORNE, TABITHA	1.36.05	MEM	F	6.57	Long Course - Female - 06
20	20	STANTON, GEOFF	1.39.14	MEM	M	7.11	Long Course - Male - 14
21	21	MCINNES, SCOTT	1.39.17	MEM	M	7.11	Long Course - Male - 15
22	22	MCNABB, WILLIAM	1.41.31	MEM	M	7.20	Long Course - Male - 16
23	23	NEWNHAM, COLLEEN	1.42.09	MEM	F	7.23	Long Course - Female - 07
24	24	MAYHEW, SUSAN	1.42.11	MEM	F	7.23	Long Course - Female - 08
25	25	FINLAY, CORAL	1.42.43	MEM	F	7.26	Long Course - Female - 09
26	26	SENSE, MEG	1.43.07	MEM	F	7.27	Long Course - Female - 10
27	27	RAYCHEVA, NELI	1.43.48		F	7.30	Long Course - Female - 11
28	28	ARNOLD, VANESSA	1.51.37	MEM	F	8.04	Long Course - Female - 12
Short Course - 1k							
Volunteers							
	V1	COX, SHERRY		MEM	F		
	V2	DONOGHUE, MIKE		MEM	M		
	V3	WHARTON, DAVID		MEM	M		
	V4	ZEVENBERGEN, CHRISTINA		MEM	F		

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MEMBERS - need only register for club runs when volunteering (so we know who is helping). Members will automatically be registered for all other club runs but will need to check-in at the run to confirm if they are doing the short or long course.

NON-MEMBERS - We prefer non-members to register on-line by 7PM on the day prior to the run. This enables us to include you on our pre-printed recording sheet, get your emergency contact details, record if you are doing the short or long course, pay your fee and acknowledge the waiver. It is always ok to register in person on the day but the preference is to register on-line in advance. On the day, please check-in so we know you are there and to check we have the correct course type.