

**TRR 2025-09-13 10k Series Freshwater loop (10.00k & 5.00k)**

Place	Name	Time MM:SS	Member Status	Gender	Pace (Min/km)	Course / Gender Place
<b>Long Course - 10k</b>						
1	ARNOLD, DAVID	0.41.55	MEM	M	4.12	<b>Long Course - Male - 01</b>
2	ZEVENBERGEN, MARCEL	0.42.32	MEM	M	4.15	<b>Long Course - Male - 02</b>
3	MUSUMBA, CRISPIN	0.44.42	MEM	M	4.28	<b>Long Course - Male - 03</b>
4	MCKENZIE, JAEDEN	0.44.47	MEM	M	4.29	Long Course - Male - 04
5	FITZSIMMONS, MICHAEL	0.46.15	MEM	M	4.38	Long Course - Male - 05
6	KEMEI, JOSEPH	0.48.23	MEM	M	4.50	Long Course - Male - 06
7	MELLORS, HOLLY	0.49.29	MEM	F	4.57	<b>Long Course - Female - 01</b>
8	SHEPHARD, GREG	0.49.49	MEM	M	4.59	Long Course - Male - 07
9	CULLEN, DAVID	0.51.08	MEM	M	5.07	Long Course - Male - 08
10	SIEBURN, ANGELA	0.51.29	MEM	F	5.09	<b>Long Course - Female - 02</b>
11	DAWSON, WILLIAM	0.52.44	MEM	M	5.16	Long Course - Male - 09
12	VANCE, DAVID	0.53.23		M	5.20	Long Course - Male - 10
13	HIETTE, TERRENCE	0.58.16		M	5.50	Long Course - Male - 11
14	NEWNHAM, COLLEEN	1.02.57	MEM	F	6.18	<b>Long Course - Female - 03</b>
15	LABUSCHAGNE, ROSEMARIE	1.04.40	MEM	F	6.28	Long Course - Female - 04
16	MCINNES, SCOTT	1.14.35	MEM	M	7.28	Long Course - Male - 12
17	MCNABB, WILLIAM	1.14.51	MEM	M	7.29	Long Course - Male - 13
18	FINLAY, CORAL	1.22.03	MEM	F	8.12	Long Course - Female - 05
19	OGANIA, PRINCESS	1.25.11		F	8.31	Long Course - Female - 06
20	REGONDOLA, GLENN	1.25.14		M	8.31	Long Course - Male - 14
21	DONOGHUE, MARY	1.25.43	MEM	F	8.34	Long Course - Female - 07
22	DONOGHUE, MIKE	1.25.47	MEM	M	8.35	Long Course - Male - 15
<b>Short Course - 5k</b>						
1	EVANS, DERRICK	0.28.18	MEM	M	5.40	<b>Short Course - Male - 01</b>
2	SIEBURN, ZACHARY	0.43.20	MEM	M	8.40	<b>Short Course - Male - 02</b>
3	HUMBERDROSS, MISTI	0.45.34	MEM	F	9.07	<b>Short Course - Female - 01</b>
4	MEIN, SARA	0.45.38		F	9.08	<b>Short Course - Female - 02</b>
5	ERIKSEN, LUCY	0.46.13		F	9.15	<b>Short Course - Female - 03</b>
6	ERIKSEN, DALE	0.46.17	MEM	F	9.15	Short Course - Female - 04
7	SIEBURN, ALEXANDRA	0.46.28	MEM	F	9.18	Short Course - Female - 05
8	SIEBURN, JONATHON	0.46.29	MEM	M	9.18	<b>Short Course - Male - 03</b>
9	SUE YEK, WILLIAM	0.46.46	MEM	M	9.21	Short Course - Male - 04
10	ARNOLD, VANESSA	0.47.35	MEM	F	9.31	Short Course - Female - 06
11	SENSE, MEG	0.47.37	MEM	F	9.31	Short Course - Female - 07
12	COX, SHERRY	0.51.39	MEM	F	10.20	Short Course - Female - 08
13	ZEVENBERGEN, CHRISTINA	1.03.21	MEM	F	12.40	Short Course - Female - 09
14	HOBSON, CHERYL	1.03.21	MEM	F	12.40	Short Course - Female - 10
15	DAVIES, JUDY	1.07.29	MEM	F	13.30	Short Course - Female - 11
16	FULLER, ROBERT	1.07.29	MEM	M	13.30	Short Course - Male - 05
17	KELSO, SYLVIA	1.08.03	MEM	F	13.37	Short Course - Female - 12
18	STEWART, VI	1.08.03		M	13.37	Short Course - Male - 06
19	RINTOUL, LEIGH	1.11.21	MEM	F	14.16	Short Course - Female - 13
20	SIBLEY, JACK	1.11.21	MEM	M	14.16	Short Course - Male - 07

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Place	Name	Time MM:SS	Member Status	Gender	Pace (Min/km)	Course / Gender Place
<b>Volunteers</b>						
	BEIL, LYNDIE		MEM	F		
	LABUSCHAGNE, CELESTE		MEM	F		
	SIEBURN, ELIZABETH		MEM	F		
	SIEBURN, MADELEINE		MEM	F		
	STANTON, GEOFF		MEM	M		
	WHARTON, DAVID		MEM	M		

Thank you to everyone who helped with todays run. Thanks for those who set the course.

MEMBERS - need only register for club runs when volunteering (so we know who is helping) and for runs with prizes such as the 3 day run. Members will automatically be registered for all other club runs but will need to check-in before the start to confirm they are doing the run and to confirm what run they are doing.

NON-MEMBERS - We prefer non-members to register on-line by 7PM on the day prior to the run. This enables us to include you on our pre-printed recording sheet, get your emergency contact details, record if you are doing the short or long course, pay your fee and acknowledge the waiver. It is always ok to register in person on the day but the preference is to register on-line in advance. On the day, please check-in so we know you are there and to check we have the correct course type.